IOWA STATE UNIVERSITY.

Professional and Scientific Council

November Council Meeting

Wednesday, Oct. 31 2:10 - 4 p.m. Gallery Room, Memorial Union

All Professional and Scientific employees are welcome to attend council meetings.

Professional and Scientific Council CYtation Award Nominations are Now Open!

We encourage individuals, programs, departments, and colleges to nominate Professional and Scientific employees for one of the following awards. Nominations must be submitted by 11:59 p.m., Dec. 1, 2018. Click on each award for more information about eligibility and nomination forms.



- Professional and Scientific Woodin CYtation Award
- Professional and Scientific CYtation Award
- Professional and Scientific CYtation Team Award
- <u>Professional and Scientific Outstanding New Council Member CYtation</u>
 <u>Award</u>

Now is Your Chance to Make Changes to Your Benefits!

The 2019 Open Change Period will begin on Thursday, Nov. 1, 2018, and close on Friday, Nov. 16, 2018, at 5 p.m. This is the time of year when you have an opportunity to elect or change your health insurance, dental insurance, life insurance, flexible spending accounts and optional eyewear plan for the upcoming plan year. For more information you can read the Inside Iowa State article here. Important dates to know:

November 6 - Live Web Cast Events - University human resources (UHR) will hold online seminars for employees at the following times:

- 9 a.m. 10 a.m. Pre/Post Doctoral Associates
- 10:30 a.m. Noon Faculty, P&S, Supervisory Merit, Merit Staff (Join the benefits seminar by using the link above. The event will also be recorded and available on the <u>Benefits</u> web site as soon as possible)

Computer Classrooms Available for Employees to Complete Open Change transactions:

Friley Hall - Room 2420A

- November 2 9 a.m. 10:50 a.m.
- November 5 11 a.m. 1 p.m.
- November 9 3 p.m. 4:30 p.m.
- November 14 2:30 p.m. 4 p.m.

Gerdin Building - Room 1117

- November 5 4:10 p.m. 6 p.m.
- November 12 4:10 p.m. 6 p.m.

Heady Hall - Room 64

- November 7 3 p.m. 4 p.m.
- November 9 8:30 a.m. 10:30 a.m.
- November 14 11 a.m. 1 p.m.
- November 16 11 a.m. 1 p.m.



Seminar Series: "Getting a Mentor, Being a Mentor"



We all know that our success relies not only on ourselves, but also our relationships with others. In the November Council Seminar Series Event we will be exploring models of mentoring and ideas on developing informal mentorship relationships.

Join us **Nov. 13, 2-3 p.m.**, in the Gallery Room of the Memorial Union, where Taren Crow from the College of Liberal Arts and Sciences will help you to identify your inclinations of giving

vs.taking in workplace relationships; discover ways to improve your leadership, networking, and collaborative skills; and receive take-away strategies to be a more effective mentor and mentee!

You can also participate in the session via <u>livestream</u> and it can be viewed online using guest access. If you can't attend in person or via live stream t he recorded session will be posted in <u>Learn@ISU</u> approximately one week after the live session.

Congratulations to the Professional and Scientific Employees Who Received University Awards!

Twenty-two Professional and Scientific staff members were honored during the university's annual awards ceremony on Friday, Sept. 14, in the Memorial Union Great Hall. Following is the list of those employees and the promotions or awards for which they were recognized.



Professional and Scientific University Award Winners:

Name	Award
Philip Gassman	Regents Award for Staff Excellence
Raji Joseph	Regents Award for Staff Excellence
Renee Knosby	Regents Award for Staff Excellence
Joel Hochstein	Award for Inclusive Excellence
Amy Brandau	Award for Academic Advising Impact
Kyle Holtman	Award for Early Achievement in Academic Advising
Corrinne Grover	Professional and Scientific Research Award
Ron Cox	Award for Achievement in Economic Development in Iowa
Lisa Bates	Latino Business and Entrepreneurship Team
Himar Hernandez	Latino Business and Entrepreneurship Team
Victor Oyervides	Latino Business and Entrepreneurship Team
Jill Sokness	Latino Business and Entrepreneurship Team

Scott Timm Latino Business and Entrepreneurship Team
Jon Wolseth Latino Business and Entrepreneurship Team
Dileepkumar Guntuku Professional and Scientific Excellence Award
Sandra Norvell Professional and Scientific Excellence Award
Anita Rollins Professional and Scientific Excellence Award

Dan Rice Carroll Ringgenberg Award

Sara Sprouse Professional and Scientific Outstanding New Professional

Award

Roger Suski Professional and Scientific Outstanding New Professional

Award

Beth Doran Award for Distinguished Service in Extension

Jerry Chizek R.K. Bliss Extension Award

Highlighting ISU Staff

Your Professional and Scientific Council Newsletter will now provide an opportunity for highlighting ISU staff. Submit your nominations using this <u>link</u> to tell us about a Professional and Scientific employee or team doing great work in your areas. The form will ask you to tell us about who you are highlighting and why, in 100 words or less, and to include a picture of the person, team, or output for which they are being highlighted. One



submission will be selected by the Professional and Scientific Council Awards Committee each month and included in the newsletter. Other submissions will be featured on social media with the tag #highlightingISUstaff, on the Professional and Scientific Council web page Highlighting ISU Staff and/or included in future newsletters.



Employee Assistance Program (EAP)

Did you know that all Iowa State University staff as well as their immediate family members are eligible for free, confidential, professional resources through the Employee Assistance Program? The Employee Assistance Program can connect staff or

their immediate family members with licensed professional counselors to address any number of concerns, including but not limited to stress and anxiety, elder care, family counseling, or legal and financial concerns. With this service, you can receive six counseling sessions per issue, per year at no cost to you.

Through the Employee Assistance Program, you can also be connected with a lawyer or financial planner for a free consultation and receive a discount in continued services, should that be needed.

You can find more information, including contact information on this resource here.

You can also see a summary of the benefits provided here.



SAVE THE DATE: End of Semester Celebration!

You have worked hard all throughout the semester, so it's time to take a break! Come and take time to relax and celebrate the end of fall semester with your fellow Professional and Scientific colleagues from 2- 4 p.m. on Monday, Dec.17, in the Campanile Room at the Memorial Union. There will be warm winter beverages and treats! We hope to see you there!

Save the Date for "Cultivate Your Adventure: Planting the Seeds of Success"

The 2019 Professional and Scientific Council Professional Development Conference will be held on Feb. 26, 2019, at the Scheman Building from 8:30 a.m. to 5 p.m. We hope that through this conference, you will experience growth, encouragement, and positive social interactions with your colleagues, as well as gaining skills and knowledge you can use as you continue your adventure at lowa State University.

Please make sure you have February 26 marked on your calendars as a day you intend to devote to YOUR personal and professional development. More details to come... be sure to follow us on social media for updates and sneak peeks as the conference date draws near.



Stacy Renfro is the 2018-19 Professional and Scientific Council President.

Email President Stacy Renfro

Your Professional and Scientific Council representatives are here for you. Their names and contact information can be found here.

WEBSITE EVENTS ABOUT



