# IOWA STATE UNIVERSITY.

#### Professional and Scientific Council

### **August Council Meeting**

Thursday, Aug. 2 2:10 to 4 p.m. Gallery Room, Memorial Union

All Professional and Scientific employees are welcome to attend council meetings.

#### **Highlighting ISU Resources**

Did you know Iowa State University has an Ombuds Office?

This is a confidential, independent, neutral resource you can use to informally work through challenges you might be facing in the workplace - with colleagues, supervisors or policies and procedures. The office can serve as a sounding board, discuss possible options, provide policy assistance, give communication coaching, and much more. Review the <a href="Ombuds Office website">Ombuds Office website</a> for full details on this ISU resource.



To make an appointment with the university's Ombuds Officer, Deanna Clingan-Fischer, call 294-0268 or email <a href="mailto:ombuds@iastate.edu">ombuds@iastate.edu</a>. The Ombuds Office is located in Room 37 of <a href="mailto:Physics Hall">Physics Hall</a>.

Find links to other helpful ISU Resources on the <u>P&S Council ISU Resource Guide</u> (PDF is clickable).

## August Seminar Series event - Know Yourself Better: How Do I Respond to Expectations?

In this session, Abby Stanek, ISU Extension and Outreach, uses Gretchen Rubin's research on the Four Tendencies to help participants learn more about themselves and how to utilize Rubin's framework to make better decisions, meet deadlines, suffer less stress, and engage more effectively with other people.



To view this Council Seminar Series event, log in to <a href="Learn@ISU"><u>Learn@ISU</u></a>, type "FY19-2" into the search bar, and click launch! The recording can also be found by clicking on the course catalog tab and scrolling down to the Professional and Scientific Council catalog.

Please make sure to allow pop-ups, cookies, and flash content from training.ehs.iastate.edu in order to view the video. After viewing the video, you will need to complete the user sign-off screen (pop-up) to have it added to your <u>Learn@ISU</u> training profile.

Looking for a recorded Council Seminar Series Event? Find it in Learn@ISU

Thirty-three Professional and Scientific Council Seminar Series events are available to be viewed from any computer at any time in Learn@ISU. All you need is your ISU Net ID and password!

#### To access:

- Go to the Learn@ISU site
- Log in using your ISU Network ID and password
- Go to Course Catalog and find the Professional and Scientific Council Catalog
- Click Launch next to the Seminar Series Event you would like to view
- View the video
- Complete the User Sign-Off Screen (pop-up)

Please make sure to allow pop-ups, cookies, and flash content from training.ehs.iastate.edu.

Due to our collaboration with University Human Resources, any videos you have viewed from start to finish will be added to your lowa State University Training Profile as a completed training!



## **Get to know your FY19 Professional and Scientific Council Representatives**

Your representatives serve as a resource and an advocate for all P&S Employees. We are elected by you and responsible to you to advance the mission of Iowa State University. Each councilor represents approximately 75 P&S Employees, <u>find out who represents you</u>. Reach out to us with your questions, concerns and ideas, we love to hear from you!

Stacy Renfro is the 2018-19 Professional and Scientific Council President.

**Email President Stacy Renfro** 

Your Professional and Scientific Council representatives are here for you. Their names and contact information can be found here.



## WEBSITE EVENTS ABOUT



