

IOWA STATE UNIVERSITY™

Professional and Scientific Council

January Council Meeting

Thursday, January 3
2:10 - 4 p.m.
Gallery Room, Memorial Union

All Professional and Scientific employees are welcome to attend council meetings.

Improved Service Delivery Job Showcase

Reminder: The Improved Service Delivery Job Showcase will be Tuesday, January 8. This is your time to ask questions before filling out the employee interest survey.

Early registration is now available through January 28th for Cultivate Your Adventure: Planting the Seeds of Success

Early registration for the 2019 Professional and Scientific Council Professional Development Conference is now available through Monday, January 28!

This year's conference, Cultivate Your Adventure: Planting the Seeds of Success, will feature TWO keynote speakers and be held on February 26, 2019, at the Scheman Building from 8:30 a.m. to 4:30 p.m. We hope that through this conference, you will experience growth, encouragement, and positive social interactions with your colleagues, as well as gaining skills and knowledge you can use as you continue your adventure at Iowa State University.

This conference aims to provide participants with a day focused on learning new skills and strengthening existing ones, discovering useful information that can be immediately applied in the workplace, and sharing techniques that may be utilized for increasing morale and motivation within our workplaces.

Early registration will be \$100 and is available through January 28. From January 29 to February 12 registration will cost \$120.

Visit the [conference website](#) for additional information about the agenda, speakers, and sessions. Make sure you have February 26 marked on your calendar as a day you intend to devote to your personal and professional development!

PLANTING THE
SEEDS OF **SUCCESS**



CULTIVATE YOUR
ADVENTURE

IOWA STATE UNIVERSITY
Professional and Scientific Council

PROFESSIONAL
DEVELOPMENT
CONFERENCE

FEBRUARY 26, 2019

January Council Seminar Series Event - Motivational Interviewing to Evoke Behavioral Change



The basics of Motivational Interviewing include how to minimize resistance, how to evoke "change talk," how to explore and resolve ambivalence, and how to use a person's own perspective to amplify the discrepancy between their present behavior and their broader goals and values.

Martha Stewart, Child Welfare Research and Training Project, Department of Human Development and Family Studies, will show how this universal technique can be used with anyone - including your co-workers, family members, students, friends, and supervisors - you name it!

Join us January 8 in the Gallery Room of the Memorial Union to explore how Motivational Interviewing can be used to help someone identify and work through their own reasons for making a behavioral change.

This session will also be [livestreamed](#) and can be viewed online using guest access. If you can't attend in person or via live stream the recorded session will be posted in [Learn@ISU](#) approximately one week after the live session.

Highlighting ISU Staff: Taren Crow, LAS Career Services



This month we recognize **Taren Crow** for her outstanding work as Director of LAS Career Services.

Leslie Ginder's nomination stated, "Taren has transformed Career Services for Liberal Arts and Sciences students. She enlisted college support to double the staff of her office to provide rich and personalized services for the thousands of undergraduate and graduate students in Liberal Arts and Sciences. She developed a careers course which began in fall 2018 and established a scholarship program for unpaid internships to remove financial barriers for students to get invaluable experience in their chosen field. She has spoken on professional development topics at Young Professionals of Ames, the P&S Professional Development Conference and P&S Seminar Series.

Congratulations, Taren, and thank you for all you do!

You can nominate a fellow Professional and Scientific employee (or team of employees) for Highlighting ISU Staff! Submit your nominations using this [link](#) to tell us about a P&S employee or team doing great work in your area. The form will ask you to tell us about who you are

highlighting and why in 100 words or less, and to include a picture of the person, team, or output for which they are being highlighted. One submission will be regularly included in the newsletter as determined by the P&S Council Awards Committee. Other submissions will be featured on social media with the tag #highlightingISUstaff on the P&S Council web page Highlighting ISU Staff and/or included in future newsletters.



Performance Management: Working Toward Success as a Professional & Scientific employee

The Employee and Labor Relations Office at Iowa State University assists employees and their supervisors with issues related to performance and managing progress going forward to ensure success in your role as a P&S employee. You can reach out to Employee and Labor Relations with any questions on the topic of Performance Management.

There is a Performance Management program which sets a standard for communication and provides a timeline for the process of working with, or as a P&S employee.

You can also gain insight on the areas of performance appraisals/reviews, performance improvement plans, and disciplinary procedures.

For additional information on Performance Management related topics and terms, please visit the [employee management website](#).



Stacy Renfro is the 2018-19 Professional and Scientific Council President.

[Email](#) President Stacy Renfro

Your Professional and Scientific Council representatives are here for you. Their names and contact information can be found [here](#).

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