IOWA STATE UNIVERSITY.

Professional and Scientific Council

February Council Meeting

Thursday, February 6 2:10 - 4:00 p.m. Gallery Room, Memorial Union

All Professional and Scientific employees are welcome to attend general council meetings.

Cultivate Your Adventure: Thriving Together is February 13!

The Professional and Scientific Council Professional Development Conference is just a few days away!

All registered conference attendees will receive an email message **next Tuesday** (February 11) filled with helpful reminders and tips (what to wear, where to park, etc). On the day of the conference each attendee will receive a personalized schedule containing the session selections from their registrations.

Our morning will kick off with Cindy Maher and Jamie Guite from Leading Edge Coaching & Development with an inspiring keynote, "Shaping Your Buzz Through Accountability." They'll return with a closing keynote entitled, "Maximizing Energy In a World That Sucks You Dry." The rest of the day will be filled with colleagues from across campus sharing ideas, strategies and ways we can thrive together.

Visit the <u>Professional Development Conference web site</u> for additional information on the conference agenda, speakers, and sessions.

We can't wait to see you soon at the 2020 Professional and Scientific Council Professional Development Conference!

Please note: If you didn't register for the conference by the deadline and are still interested in attending, you can be put on a waiting list by visiting <u>https://www.regcytes.extension.iastate.edu/pdconference/</u> and clicking "Register."

THRIVING TOGETHER



2020 PROFESSIONAL AND SCIENTIFIC COUNCIL PROFESSIONAL DEVELOPMENT CONFERENCE THURSDAY FEBRUARY 13 8AM - 5PM SCHEMAN BUILDING IOWA STATE CENTER

March Seminar Series event: Infusing Fun into the Workplace While Getting Stuff Done!



Are you open to instilling a little fun into the workweek to build team camaraderie - which could ultimately increase productivity? Have you already instituted fun into your work environment but want a few fresh ideas for team building?

Happy employees are good for business ! Join us March 10 from 2-3 p.m. in the Pioneer Room of the Memorial Union for an interactive face-to-face session! Paula Burns and Kate

Goudy, Child Welfare Research and Training Project, will be providing resources to use immediately in your office and the research to back up their claims that fun in the workplace is beneficial and necessary to achieve successful outcomes.

Additional information on council Seminar Series events can be found on the Professional and Scientific Council web site at <u>https://www.pscouncil.iastate.edu/professional-</u> <u>development/coursework</u>.

Did You Know? Winter weather tips and info from FP&M

Did you know? In this time of ice and snow, you can help keep lowa State facilities safer for winter walking and driving -- and possibly make your winter commute to campus easier.



Facilities Planning and Management (FP&M) is in charge of snow and ice removal on campus, but can't be everywhere at once when bad winter weather occurs. You can report a problem or concern with the <u>FP&M Problem Report Form</u>.

Is driving to campus and parking during adverse winter weather a headache? During those times you're encouraged to use CyRide, which has many routes to and from campus in Ames, including free shuttles to and from Iowa State

Center parking lots. There are also designated parking lots where employees can park if their usual lot isn't clear. Any valid ISU parking permit will be honored in these designated lots.

To learn more about campus snow removal and winter storm parking, click <u>https://www.fpm.iastate.edu/campusservices/snow_removal.asp</u>.

Highlighting ISU Staff: Student Counseling Services Team

This month we recognize lowa State's Student Counseling Services Team

The team was nominated by Erin Baldwin, who said: " Student health and well-being are inextricably linked to student academic success, and the SCS team plays an invaluable role in supporting student mental health. Through their walk-in model, students are linked to services in their exact moment of need. The team continues to provide a menu of services including group therapy, workshops, individual counseling, biofeedback, career exploration, Let's Talk, and more. Being articulated in client satisfaction comments, our SCS team is helping our students improve their well-being and ultimate success at ISU! "



Congratulations, Student Counseling Services Team, and thank you for all you do!

You can nominate a fellow Professional and Scientific employee (or team of employees) for Highlighting ISU Staff! Submit your nominations using the <u>Highlighting ISU Staff form</u> to tell us about a P&S employee or team doing great work in your area. The form will ask you to tell us about who you are highlighting and why, in 100 words or less, and to include a picture of the person, team, or output for which they are being highlighted.

One submission will be regularly included in the newsletter as determined by the Professional and Scientific Council Awards Committee. Other submissions will be featured on social media (with the tag #highlighting ISUstaff), on the Professional and Scientific Council web page (Highlighting ISU Staff), and/or included in future newsletters.

Professional and Scientific Council is online! Explore our web site and social media

Professional & Scientific Council uses electronic media in a variety of ways to help you to be informed and engaged as we fulfill the mission of Iowa State University together.

With the council's web site and social media presence, you can access information to put you in the know about university policies and procedures, be aware of opportunities to engage with your peers and help you in your professional development, through resources such as our Seminar Series events and Professional Development Conference.

Our <u>Facebook</u> and <u>Twitter</u> pages share timely, relevant materials optimized for Professional and Scientific employees. Like us on Facebook, follow us on Twitter and check the web site to stay up to date with what Professional and Scientific Council is doing for you!



Amy Ward is the 2019-20 Professional and Scientific



Council President.

Email President Amy Ward

Your Professional and Scientific Council representatives are here for you. Their names and contact information can be found on the <u>Council Members page</u> of the council web site.

Stay current with how Professional and Scientific Council works for you!

WEBSITE EVENTS ABOUT

