January Council Meeting

Thursday, January 9
2:10 - 4:00 p.m.
Gallery Room, Memorial Union

All Professional and Scientific employees are welcome to attend general council meetings.

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Time is running out! Registration for Cultivate Your Adventure: Thriving Together closes January 31!

Registration for the 2020 Professional and Scientific Council Professional Development Conference is available now through Friday, January 31!

This year's conference, Cultivate Your Adventure: Thriving Together, will be held February 13, 2020, at the Scheman Building from 8:30 a.m. to 5 p.m. We hope that through this conference, you will experience growth, encouragement, and positive social interactions with your colleagues, as well as gaining skills and knowledge you can use as you continue your adventure at Iowa State University.

This conference aims to provide participants with a day focused on learning new skills and strengthening existing ones, discovering useful information that can be immediately applied in the workplace, and sharing techniques that may be utilized for increasing morale and motivation within our workplaces.

Our morning will kick off with Cindy Maher and Jamie Guite from Leading Edge Coaching & Development with an inspiring keynote "Shaping Your Buzz Through Accountability." They'll return with a closing keynote entitled, "Maximizing Energy In a World That Sucks You Dry".

You do not want to miss this conference! The deadline to register is quickly approaching. Register TODAY!

Visit the conference website for additional information on the conference agenda, speakers, and sessions. Make sure you have February 13 marked on your calendar as a day you intend to devote to your personal and professional development!
January Seminar Series event: Negotiating for Success - Strategies, Tools, and Skills

Negotiation and conflict resolution don’t have to be avoided! Join us **January 14 from 2-3 p.m.** in the Pioneer Room of the Memorial Union where Ryan Bhattacharyya, Professor of Practice and Espeland International Fellow, Ivy College of Business, will be discussing how we can effectively maximize the strengths we already have to advocate more persuasively for our position(s) in a collaborative, yet effective way.

If you are unable to join us in person, the session will be **livestreamed** and can be viewed online using guest access. If you are unable to join us January 14 the recorded session will be posted in **Learn@ISU** approximately one week after the live session.

Additional information on council Seminar Series events can be found on the **Professional and Scientific Council website**.

**Did You Know? This Month: ISU Physical Therapy**

Did you know that Iowa State University staff are able to use the physical therapy services at the Thielen Student Health Center? Conveniently located on campus across from State Gym, the physical therapy team offers physical therapy and sports medicine services designed to aid in the rehabilitation of students, faculty, and staff members who have suffered injury or illness, including sports and work-related injuries. Your ISU Plan will be billed for your services. The physical therapy and sports medicine staff have years of experience in treating a variety of conditions, and each member of the team is licensed in the state of Iowa. Visit the **physical therapy page** for full details on this ISU resource.

To make an appointment with one of the physical therapists, call 294-2626.

The Physical Therapy department is located on the second floor of **Thielen Student Health Center**. Free **patient parking** is available.

**Highlighting ISU Staff: Brian Rowe-Barth**

This month we recognize **Brian Rowe-Barth**, Hospital Relations Coordinator, Lloyd...
Brian was nominated by Stephanie West, who said: "Brian, our Hospital Relations Coordinator, is a voice of calm in difficult situations. He effectively supervises the front desk staff for our small animal and large animal hospitals, supporting them as they handle myriad difficult situations on the phone and in person. He competently and kindly smooths over client issues, doctor concerns, and generally keeps everyone calm and happy in our teaching hospital. Thank you, Brian!"

**Congratulations, Brian, and thank you for all you do!**

You can nominate a fellow Professional and Scientific employee (or team of employees) for Highlighting ISU Staff! Submit your nominations using the [Highlighting ISU Staff form](#) to tell us about a P&S employee or team doing great work in your area. The form will ask you to tell us about who you are highlighting and why in 100 words or less, and to include a picture of the person, team, or output for which they are being highlighted.

One submission will be regularly included in the newsletter as determined by the P&S Council Awards Committee. Other submissions will be featured on social media with the tag #highlightingISUstaff, on the P&S Council web page Highlighting ISU Staff, and/or included in future newsletters.

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*Amy Ward is the 2019-20 Professional and Scientific Council President.*

[Email] President Amy Ward

Your Professional and Scientific Council representatives are here for you. Their names and contact information can be found [here](#).