# IOWA STATE UNIVERSITY.

### **Professional and Scientific Council**

### **October Council Meeting**



Professional and Scientific Council general meeting: Thursday, October 1, 2:00 - 4:00 p.m.

The meeting will be held online via Webex (follow prompts)

Meeting number: 120 931 4281 Password: SXqxPQdc342

Join by phone: +1-312-535-8110 United States Toll (Chicago)

Access code: 120 931 4281

The meeting is open to all Professional and Scientific employees.

# Have you gotten your flu shot? Employee flu vaccinations available through October 2

If you haven't gotten your lowa State University flu vaccine yet, time to do so is running out! The employee vaccination clinic is offering free flu vaccinations through October 2. Please note this schedule has been shifted to an earlier time frame this year.

Many health officials are stressing that due to the ongoing COVID-19 pandemic, getting a flu shot this year may be even more critical to protect yourself from illness. The Centers for Disease Control (CDC) has stated it believes it's likely that flu viruses and the virus that causes COVID-19 will both be spreading this fall and winter. The CDC says in this context getting a flu vaccine will be more important than ever.



The ISU flu shot clinic is located in the C.Y. Stephens Auditorium north lobby and is open 10 a.m. - 4 p.m. Monday - Friday. Older employees or those at higher risk due to medical conditions may receive their vaccination during the 9-10 a.m. hour.

Get more information about the flu shot clinic in a story posted in the <u>September 10 issue</u> of Inside Iowa State or on the <u>ISU WellBeing web site</u>.

# October Council Seminar Series Event - Diversity, Equity, and Inclusion Roundtable



Join us for our next virtually awesome Professional and Scientific Council Seminar Series event **October 13, 2-3 p.m.**, where we'll bring together a cohort of campus and state representatives to discuss topics related to diversity, equity, and inclusion (DEI).

Engage in dialogue with members of the Office of Diversity and Inclusion, Office of Equal Opportunity, and the Iowa Civil Rights Commission as they share their thoughts,

insights, and experiences with engaging in DEI work on campus. In this challenging time it has become vitally important to discuss and support the efforts of Iowa State and State of Iowa DEI

employees.

To protect the health of attendees and presenters this fall's Seminar Series events will be hosted online. Please join us, from the comfort of your office or home, through <u>Adobe Connect</u>. If you are unable to join us October 13, the recorded session will be posted in <u>Learn@ISU</u> approximately one week after the livestreamed session.

Learn more about all of the Council Seminar Series events.

# **November Council Seminar Series event - Managing the Impact of Caregiving on Your Career**



Join us virtually **November 10, 2-3 p.m.**, when Malisa Rader and Barbara Dunn-Swanson, Education Extension Specialists with Human Sciences Extension and Outreach, will discuss how caregiving can impact your career and how best to manage it.

To protect the health of attendees and presenters, this fall's Seminar Series events will be hosted online. Please join us from the comfort of

your office or home through <u>Adobe Connect</u>. If you are unable to join us November 10, the recorded session will be posted in <u>Learn@ISU</u> approximately one week after the livestreamed session.

Find additional information about the Council Seminar Series.

### Did you know? Benefits through the Employee Assistance Program (EAP) can assist in many ways



Did you know that all Iowa State University benefiteligible employees and their immediate family have access to free confidential professional services though the Employee Assistance Program? EAP benefits are available 24/7/365 and include access to a variety of counseling, consultations, coaching and resource assistance including, but not limited to, stress

management, relationship concerns, anxiety and depression, managing debt and budgets and much more.

Additionally, for Fall 2020, University Human Resources has partnered with Employee & Family Resources to offer confidential on-site and virtual counseling sessions through EAP. For those interested in supporting colleagues and students during these unprecedented times, Iowa State has also partnered with health simulation company Kognito to implement an online experiential learning mental health training program called At-Risk for Faculty & Staff. The training helps employees recognize the signs of distress in colleagues and students and use techniques to discuss these concerns and if necessary refer to appropriate resources.

Discover more information about the **Employee Assistance Program**.

View a summary of benefits.

Learn more about the Kognito program.

### 2020 CYtation Award nominations are open!

# CYTATION AWARD NOINATIONS

Starting October 1, nominate an individual or team for a 2020 CYtation Award. Submit a nomination using this <u>form</u>. Also, find additional information on these <u>awards</u>.

## Highlighting ISU Staff: Admission's New Student Programs & Virtual Visits Team

This month we recognize Admission's New Student Programs & Virtual Visits Team.

The team includes Stacey Barnes, Mackenzie Bourke, Kristin Chapman, Haley Davis, Erica Fischer, Brylee Groskreutz, Pat Hahn, Mark Hull, Ali Jensen, Sarah Merrill, Cole Mulligan, Justin Nauman, Erin Nelson, Nicole Nicholson, Kim Ohge, Blake Red Elk, Jen Sass and Claudia Tigges.



# Your Iowa State story is about to begin.

"This group worked tirelessly to innovate during the COVID-19 environment to bring our typically scheduled on-campus events to students virtually," said Ben Carlson in the Office of Admissions. "We wanted to recognize this team's efforts to

continue serving admitted and prospective students during this difficult time!

"The team created virtual campus visits that are hosted Monday, Wednesday, and Friday. Students are able to interact with Admissions staff and Academic Advisers during their visit. The team also transitioned June freshman orientation to serve students and families completely online. The students complete modules and informative sessions prior to scheduling a meeting with their academic adviser to schedule classes."

### Congratulations New Student Programs & Virtual Visits Team, and thank you for all you do!

You can nominate a fellow Professional and Scientific employee (or team of employees) for Highlighting ISU Staff! It only takes a few minutes. Submit your nominations using the <a href="Highlighting ISU Staff">Highlighting ISU Staff</a> form to tell us about a P&S employee or team doing great work in your area. The form will ask you to tell us about who you are highlighting and why in 100 words or less, and to include a picture of the person, team, or output for which they are being highlighted.

One submission will be regularly included in the newsletter as determined by the P&S Council Awards Committee. Other submissions will be featured on social media with the tag #highlightingISUstaff, on the P&S Council web page Highlighting ISU Staff, and/or included in future newsletters.

Sara Parris is the 2020-21 Professional and Scientific Council President.

### **Email** President Sara Parris

Your Professional and Scientific Council representatives are here for you. Their names and contact information can be found on the <u>Council Members page</u> of our web site.





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