

IOWA STATE UNIVERSITY™

Professional and Scientific Council

October Council Meeting

Thursday, October 6, 2022

2:10 p.m.

Room 3560, Memorial Union

Please join us! All Iowa State University Professional and Scientific employees are welcome!



P&S Council's WorkFlex Satisfaction Survey results are released



In our continued efforts to provide quality representation to the Professional and Scientific employees of Iowa State University, Professional and Scientific Council is pleased to release the results of our WorkFlex Satisfaction Survey Report.

Based on unwavering feedback from you, our constituents, council has been advocating for increased flexible working arrangements for Professional and Scientific employees at Iowa State University since 2014.

After hearing informal constituent feedback on the implementation of Iowa State's WorkFlex program, launched in 2021, council conducted a survey of its constituents in the latter half of April. The anonymous survey asked Professional and Scientific staff members to identify their division, their college or unit, and asked such things as whether their job is "student facing," whether they are participating in the WorkFlex program, their satisfaction with their WorkFlex arrangement, and more.

Council received responses from 780 Professional and Scientific employees.

Review the [survey results](#). Results have also been shared with university leadership, including University Human Resources.

We continue to ask for your feedback on this and other subjects. Please feel free to share your thoughts and questions with us! Find your [council representatives and other information](#) about Professional and Scientific Council.

Award awesomeness! Nominate an individual or team for a P&S Council CYtation Award!



Nominations for Professional and Scientific Council's 2022 CYtation Awards are now being accepted! We encourage individuals, programs, departments, and colleges to nominate Professional and Scientific employees for:

- CYtation Award
- Woodin CYtation Award
- CYtation Team Award

- Outstanding New P&S Councilor CYtation Award

Let us know how Professional and Scientific employees have gone over and above their normal duties;

have done something extraordinarily well; or have acted in such a way as to make a real difference at Iowa State University.

[Learn more about the CYtation awards and submit your nomination](#)

Questions about the award requirements and eligibility? Visit the [Awards page](#) of the council web site or [email](#) the council Awards Committee.

Nominations are due December 1, 2022.

Request for conference proposals open through November 4



Cultivate 2023

Professional Development Conference
Presented by the Professional & Scientific Council

The Professional and Scientific Council Professional Development Conference Subcommittee is seeking presenters for the Cultivate 2023 Professional Development Conference to be held February 22, 2023.

The conference will focus on the personal and professional development of P&S employees in

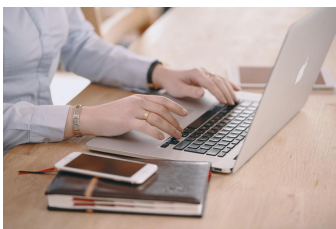
the areas of human interactions (networking, communication, conflict resolution, diversity and inclusion, etc.), leadership (leading from different levels, working with people and groups, etc.), health and wellness (stress management, financial planning, personal health and safety, mental health, etc.), and professional resources (technical tips and tricks, tools, project management, benefits, etc.).

If you have a topic you think P&S employees will benefit from learning about and want to share your expertise, please consider being a presenter at our 2023 Conference!

We are also taking recommendations for speakers. If you would like to recommend a colleague to speak on a topic, please make sure the person you are recommending is an Iowa State employee or affiliated with Iowa State.

All individuals who are interested in presenting or who are recommending a presenter will need to complete [this online form](#) by 5 p.m. November 4, 2022. The Conference Subcommittee will review all submissions and will notify speakers by November 18.

Good to know: Professional reference and nomination writing in October Seminar Series event



Join us for our next P&S Council Seminar Series event October 11 at 2:00 p.m.

This will be an interactive session where you will learn how to write concise and effective nomination letters and letters of reference. We'll discuss how to: 1) align job or award criteria with your letter to maximize outcomes; 2) avoid unintentional biased language; and 3) be concise, yet persuasive.

This event will be held virtually, presented by Jamie Sass, Director of the Ivy College of Business Writing and Speaking Center, and president of Professional and Scientific Council.

Plan now for the November Seminar Series event: "Navigating Student Loan Forgiveness for Higher Education Professionals" with Isaac Ehlers from the Office of Student Financial Aid, November 8, 2-3 p.m., Room 3560 Memorial Union.

Always check the [Seminar Series page](#) of the Professional and Scientific Council web site for information about our events.

New financial wellness workshop series scheduled for fall

Any time is a good time to plan for building financial wellness, and rising prices in the last year are providing an extra push for many Iowans to examine their financial wellbeing and work toward their financial goals.

A new financial wellness program at ISU has been introduced in the past year with three components: 1) one-on-one financial consultations (free and confidential) with an accredited financial counselor; 2) access to short-term (up to two years) loans of up to \$2,500 at favorable terms regardless of credit score; and 3) free workshops on key financial topics.

This new effort is led by ISU Extension and Outreach in partnership with University Human Resources.

The fall series of virtual workshops has just been announced. All sessions are held virtually from noon - 1:00 p.m. Pre-registration is required at least 24 hours prior to each session, and registrants will receive login information by email.

October 6 – Time for a Financial Checkup

A review of your family's financial situation. This session will introduce a practical tool for reviewing your financial status, and help you clarify financial goals. [Register](#)

October 13 & 20 (two-part workshop) - Money Smart: Taking Control of Your \$

This workshop provides a "big picture" overview of what it means to be in control of your money on a month-to-month basis, and looks at specific strategies. The overall focus is on making money choices with your priorities in mind. [Register](#)

October 27 - Mission Possible: Saving

Money saving strategies to help you succeed. Some ideas will not be new, but you will put them into a new savings plan to help make real progress. [Register](#)

November 3 - Borrowing Smart

This session reviews basic credit principles with a focus on reducing both the cost and the risk of borrowing. It will also briefly review credit protections under the law and resources for assistance when needed. [Register](#)

The workshops are offered by ISU Extension and Outreach, with partial funding under a Financial Wellness@Work implementation grant from FINRA, the Financial Industry Regulatory Authority. Questions? contact Barb Wollan, Human Sciences Specialist, bwollan@iastate.edu or 515-832-9597. See more information about the [overall project](#).



Did you know? Environmental Health & Safety offers a wide range of training that can benefit everyone



While not all positions at Iowa State require specific health and safety training, many employees can still benefit from knowing more about the services Environmental Health & Safety (EH&S) can offer.

To aid in fulfilling its mission to "Prevent illness and injury, protect the environment, and connect the university to the message of safety and preparedness," EH&S offers both face-to-face and online training covering such topics AED, CPR and First Aid, severe weather and bloodborne pathogens. See the different [types of training](#) available.

Information is also available in video form, with topics that can benefit anyone, and can be [accessed](#) at your leisure. You'll find such things as preventing winter hazards, how to wear proper hearing protection, and proper office ergonomics.

Find [general information](#) about EH&S.

"Why I joined Professional & Scientific Council" (and why you should too)

Our councilors share their stories of when they joined Professional and Scientific Council. This month, we hear from Jason Follett, chair of council's Representation Committee

During my first stint at Iowa State (2005-2010), my then-supervisor Gayle Huey shared information with me on P&S Council. She strongly encouraged me to run, given I was a former secondary social studies educator. Gayle mentioned she would

be my campaign manager, contacting everyone in the College of Human Sciences and everyone she knew at Iowa State on my behalf. I won that election and would eventually serve as the inaugural P&S Council Vice President of University Community Relations. When I returned to Iowa State in 2016, there was no doubt in my mind I would again seek to serve on P&S Council. I knew from my many positive previous experiences that P&S Council's advocacy for P&S employees was something I wanted to contribute to again."

YOU can make a difference in the experience of your fellow Professional and Scientific employees by joining Professional and Scientific Council!



[Learn More](#)

Highlighting ISU Staff: Leslie Gefree



Assistant Director of Grants for the office of Liberal Arts & Sciences (LAS) Administration Leslie Gefree is the recipient of this honor for October.

Leslie was nominated by Barbara Brown, Pre-Award Grants Coordinator for LAS, who commented, "Leslie has taken on the role of supervisor over the LAS LASERs team and is doing a fantastic job. Her responsibilities have increased substantially but she still takes the time, no matter how long, to sit with us or help us in any way. She never makes you feel that you are taking up too much time or are asking silly questions. She is very encouraging and promotes our team well. We are very fortunate to have her as our team leader."

Congratulations, Leslie, and thank you for all you do!

You can nominate a fellow Professional and Scientific employee (or team of employees) for Highlighting ISU Staff! It only takes a few minutes. Submit your nominations using the Highlighting ISU Staff [form](#) to tell us about a P&S employee or team doing great work in your area. The form will ask you to tell us about who you are highlighting and why in 100 words or less, and to include a picture of the person, team, or output for which they are being highlighted.

One submission will be regularly included in the newsletter as determined by the P&S Council Awards Committee. Other submissions will be featured on social media with the tag #highlightingISUstaff, on council's Highlighting ISU Staff [web page](#), and/or included in future newsletters.



Jamie Sass is the 2022-23 Professional and Scientific Council President

[Email](#) President Jamie Sass

Your Professional and Scientific Council representatives are here for you. Their names and contact information can be found on the [Council Members page](#) of our web site.

Make a difference! Join Professional and Scientific Council!

[Learn More](#)

Stay current with how Professional and Scientific Council works for you

Access [past issues](#) of the council newsletter

[WEB SITE EVENTS ABOUT](#)

