

## Did you know ISU employees can receive a free flu vaccine on campus in October?



The CDC recommends a yearly flu vaccine for everyone six months and older as the first and most important step in protecting against this serious disease. While there are many different flu viruses, the seasonal flu vaccine is designed to protect against the top three or four flu viruses that research indicates will cause the most illness during the flu season. People should begin getting vaccinated soon after the flu vaccine becomes available, ideally by October, to ensure that as many people as possible are protected before flu season begins.

The Flu Vaccine Clinic will be open weekdays at State Gym in the Fitness Studio, Room 1218, from October 9 –20, 9:00 am – 4:00 pm. No registration or appointments are needed. Parking is available in the General Staff lot immediately south of State Gym, and a limited number of free non-staff permit spaces will be available. You can also take Cy-Ride to the State Gym. The flu vaccine is free to eligible employees as a service of ISU WellBeing.

For more information about the Flu Vaccine Clinic and answers to frequently asked questions, please visit the ISU WellBeing website: <https://www.wellbeing.iastate.edu/flu-vaccine-clinic>.