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May 2022 Meeting Minutes

Call to Order & Seating of Substitutes (Jamie Sass)
Meeting called to order at 2:10 PM

Substitutes:
None
Guests: Jonathan Wickert, Brian Vanderheyden, Kristen Sievert

Establish Quorum (Sarah Larkin)
A quorum was established

Approval of Agenda
• Agenda approved

Approval of the Minutes
Minutes of the April 7, 2022, General Council Meeting were approved as submitted

Administrative Reports

Senior Vice President and Provost Jonathan Wickert
• Third undergraduate commencement added for May 14th
• Conferring two honorary degrees. Beth Ford (Ivy College of Business) current CEO of Land O’ Lakes and Subra Suresh (College of Engineering) current President at Nanyang Technological University
• Oijing Zhang elected to National Academy of Sciences
• May 1st is National Decision Day for enrollment/recruiting
• Incoming Freshman class looks very strong
• Brenda Behling and Julie Johnston retirement May 6th 3-5 PM Beardshear
• Brenda Behling has been attending P&S Council meetings since 2006
• Take the summer to reset and recharge

No Questions

**Director of Student Wellness Brian Vanderheyden and Director of Counseling Services Kristen Sievert**

- Campus Health and Wellness Data
- Importance of Student Wellbeing related to academic success
- From 2018-2021, 83% of tuition appeals and out of term withdrawals were related to mental health
- Increase in mental health diagnosis for students
- TAO-Therapy Assistance Online
- Wellbeing Coaching
- 24-Hour Crisis Text Line- Text ISU to 741741

**Question:** Who has this presentation been given to?
**Answer:** Working to continue to figure out how to give this information out. We are also launching a training this summer called Cyclone Support. This is focused on best practices about wellness. 90-minute training on our website.

**Question:** How can an instructor provide students with support for mental health?
**Answer:** Respond training can be an approach to this. Asking open ended questions. Empathize and connect. Listen. Connect to student counseling.

**Question:** Do you attribute the loneliness statistic to the change in modality in the last year?
**Answer:** A lot of factors play into this. One factor is Covid, but trends have been going up and seeing significant increases in loneliness. The form of connection students are using, such as social media and texting, are not the same connection as in person.
**Question:** How are we reaching out to students?

**Answer:** We have been working to expand our peer-to-peer outreach and education program. Connecting with student clubs and programs. Empower some of our students to reach out to other students with resources. Launching this fall is a student advisory board.

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**Professional and Scientific Council Executive Committee Reports**

**President Chris Johnsen**
- Recap of discussion with Provost regarding Iowa State University leaving the AAU
- ISU Strategic Planning Steering Committee’s work has completed, and the new Strategic Plan has been approved and will be sent to Board of Regents soon
- P&S Council WorkFlex Survey currently under way, high level overview of trends presented later in agenda
- Mental Health continues to be a topic of discussion to improve upon among campus leaders
  - Reminded P&S staff of participating in Adventure2 as well as supervisors remembering to lead by example and take part while also encouraging their staff to participate
  - Handed out Iowa Concern Hotline magnets and cards from Extension and Outreach while sharing a story of how a single magnet saved the life of an Iowan
- Highlighted P&S Council’s involvement in upcoming P3 Pollinators event next week
• Thanked all P&S staff for their continual and tireless efforts with our student population as Spring graduation nears

No Questions

Secretary/Treasurer Sarah Larkin
• FY22 Budget Update

FY22 BUDGET PROJECTED
Provost Office $5,199.18
June Reiman Gardens $(500)
MU Fees $(327)
Constant Contact $(1050)
Awards Banquet $(2031)
Council Seminar Series $(2186)
-$894.82

• June Committee and General Meetings at Reiman Gardens
• Attending General Council Meetings and Website is the best way to get to know your Councilors

No Questions

VP for Equity and Inclusion Jahmai Fisher
No report

VP for University Community Relations John Burnett-Larkins
No report

VP for University Planning and Budget John Hascall
No report
Professional and Scientific Council Committee Reports

**Awards** Susy Ankerstjerne
- Exploring using Smartsheets
- Distributing 12 scoops for 12 nominators. Check your campus mail

No Questions

**Communications** Deanna Sargent
No report

**Compensation and Benefits** Patrick Wall
- Discussed a Motion for Tuition Reimbursement
- 785 respondents for WorkFlex Survey
- 90% of those that responded like the program

No Questions

**Peer Advocacy** Jacob Larsen
- Employee Interest Groups-discussing strategic planning of groups
- Working on WorkFlex Survey

No Questions

**Policies and Procedures** Paul Easker
- Met with Kaela Black
- Waiting on HR for numbers on term and continuous employees
No Questions

**Professional Development** Matthew Femrite
- We continue to plan the [Seminar Series](#) and discuss as hybrid or transition to virtual only
- Next Seminar Series Event on May 10, “Mindful Communication using COLORS”, 2-3 PM, 3580 Memorial Union/WebEx
- Next Seminar Series Event on June 13, “Stroll Into Summer: Well-Being Wherever You Are”, 2-3 PM, 3580 Memorial Union
- In July, we will release a recording of “Mindful Eating: It Really Isn’t About The Food,” By Stephanie Downs. This will be released on [Learn@ISU](#)

No Questions

**Representation** Jason Follett
- Second Election successful
- Candidates have been notified

**Question**: With roughly 125 people shifting from Ops and Finance to the President Division, how will they be represented?  
**Answer**: The shift because of the Risk Management changes is going to make the President’s Division one of the bigger divisions out there. Next year’s election makes that adjustment for representation.

**Unfinished Business and General Orders**
None

**New Business**
• Nomination and Election of P&S Council Secretary/Treasurer is now open again
• WorkFlex Survey and preliminary results
  • Survey sent to P&S employees in April
  • 795 responses from constituents
  • Survey deployed to get feedback on WorkFlex; constituents given a chance to answer qualitative and quantitative questions
  • Quantitative questions analyzed, Patrick Wall presented much of that data earlier
  • Jamie Sass and Jacob Larsen will be working to analyze qualitative data from the free response text boxes on the survey
• Will update in June, but probably have a more substantial report on the survey in July
• Employee Parking

Open Discussion for the Betterment of Council
• Faculty Senate endorsed resolution for Ukraine
• Councilor onboarding manual

Announcements
Seminar Series Event: “Mindful Communication using COLORS,” May 10, 2022, 2-3 PM, 3580 Memorial Union/WebEx
Seminar Series Event: “Stroll Into Summer: Well-Being Wherever You Are,” June 13, 2022, 2-3 PM, 3580 Memorial Union
Executive Committee Meeting: April 21, 2022, 10AM-12PM, 206 Durham
General Council Meeting: June 2, 2:10 PM, Garden Room, Reiman Gardens (Councilors only)

Cardinal Women is now accepting applications
Lynne Campbell

Milkweed Kits- Sent out 500 kits
Attained $80,000 grant. Planting at Biorenewables Research Laboratory

Juneteenth Celebration on June 18th from 3-9 PM. Please contact Marlene Jacks for more details